ORGANIC ENERGY BLAST

Organic Energy is an energising blend of powerful superfoods. It's deliciously chocolatey and high in iron which contributes to the reduction of tiredness and fatigue.

1 cup almond or coconut milk
1 frozen banana
1 tbsp Greens Organic Energy
1 tbsp coconut oil
1 tbs Greens Organic Chia Seeds
1 tbs cashews or almonds

